



All menus subject to change without notice.
 *Denotes pork in lunch.
 Milk served with all meals.
 USDA is an equal opportunity employer.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



Wednesday

Thursday

Friday

NO SCHOOL

1

Tacos
 Refried Beans
 Salad Bar
 Fruit

4

Turkey & Gravy
 Mashed Potatoes
 Vegetable
 Salad Bar
 Fruit

5

Bean & Cheese Burritos
 Vegetable
 Salad Bar
 Fruit

6

Hamburgers
 Tater Tots
 Salad Bar
 Fruit

7

*Pizza
 Vegetable
 Salad Bar
 Fruit

8

BBQ Pork Sandwich
 Chips
 Salad Bar
 Fruit

11

Chicken Sandwich
 Fries
 Salad Bar
 Fruit

12

Corn Dogs
 Beans
 Salad Bar
 Fruit

13

Spaghetti
 Roll
 Salad Bar
 Fruit

14

Tuna Sandwich
 Chips
 Salad Bar
 Fruit

15

Hot Dogs or Chili Dogs
 Tater Tots
 Salad Bar
 Fruit

18

Chicken Noodle Soup
 Crackers
 Salad Bar
 Fruit

19

Tamales
 Refried Beans
 Salad Bar
 Fruit

20

Chicken Fajitas
 Rice
 Salad Bar
 Fruit

21

*Pizza
 Vegetable
 Salad Bar
 Fruit

22

Chicken Nuggets
 Mashed Potatoes
 Salad Bar
 Fruit

25

Pizza Pockets
 Vegetable
 Salad Bar
 Fruit

26

Ham & Cheese Sandwich
 Chips
 Salad Bar
 Fruit

27

Cheese Enchiladas
 Pinto Beans
 Salad Bar
 Fruit

28

Nachos
 Rice
 Salad Bar
 Fruit

29